

Wake Forest, North Carolina Wake County Population: 30,000 www.wakeforestnc.gov

#### Location

Wake Forest enjoys the conveniences of the Triangle metropolitan area while maintaining the charm of a small town. Residents have easy access to amenities in Raleigh, Durham and Chapel Hill (known as the Triangle).

Centrally located between the Blue Ridge Mountains in the west and the beaches in the east, Wake Forest offers the best of both worlds.

The Research Triangle Park, the first planned research park of its kind in the U.S., features cutting-edge technology and state-of-the-art engineering. Nearby Raleigh-Durham International Airport (RDU) offers direct access to national and world destinations

#### Climate

With about 220 sunny days a year, the Triangle enjoys a pleasant four-season climate. An average snowfall of 7.5 inches temporarily transforms the rolling hills of the Triangle into a short-lived winter wonderland. Balmy summer days, with average temperatures in the mid-to-high 80s, sends residents packing for the lakes and beaches.

# Culture

The region's international flavor and rich heritage comes to life in its cultural and historical attractions. From the North Carolina Symphony and Broadway-style theatrical performances to the state's museums of art, history and natural sciences, as well as professional hockey, minor league baseball, arena football and Atlantic Coast Conference college basketball, the Triangle is living proof that "variety is the spice of life."

Throughout the year, one can always find something to do. Whether it's experiencing the American Dance Festival, browsing the farmers market, attending Wake Forest's "Six Sundays in Spring" or the "Meet in the Street" festival that draws over 10,000 residents to the downtown area, or simply enjoying the NC State Fair, your calendar can easily be filled with things to do.

# Education

Local leaders know that knowledge is power. The Triangle offers traditional public schools, magnet schools, as well as private and charter schools.

As for colleges and universities, the Triangle ranks at the top of the class in several degree programs at nationally acclaimed Duke University, University of North Carolina at Chapel Hill and North Carolina State University.

# History

The Wake Forest Historic District is listed on the National Register of Historic Places. Undeneath a canopy of leaves, picturesque homes line the town's Main Street. It was here that Wake Forest University first set its roots in 1834, at the time calling itself Wake Forest College. The college moved to Winston-Salem in 1956 leaving the campus to its current occupants – Southeastern Baptist Theological Seminary.

Today, downtown Wake Forest is enjoying a renaissance of arts and entertainment.

### Labor

Ranked by Fortune magazine as the number one region to find knowledgeable workers, one-third of the Triangle's population, 25 and older, hold bachelor's degrees or higher. Meanwhile, the manufacturing sector employs more that 80,000 workers skilled in producing computers, medical devices, food products, communication and electrical equipment, precision fabricated metal products and industrial machinery.



#### Recreation

The Triangle places you right in the middle of the action from the mountains to the coast. In the winter, hit any of the state's nine ski resorts. During the summer, cool down by the region's recreational lakes ideal for swimming, fishing and boating.

Surrounded by thousands of acres of natural parks, golf courses and greenways, the opportunities for outdoor recreation are limitless.

Just moments away, Falls Lake State Recreation Area offers a 12,000-acre lake and 26,000 acres of woodlands. Fishing, boating and swimming are only a few of the activities awaiting you on the water. On land, you can enjoy hiking, mountain biking or camping along a portion of the state's Mountainsto-Sea Trail.

The Town of Wake Forest has a growing network of greenways which link to the extensive Capital Area Greenway System.

# Healthcare

Excellent healthcare and wellness services are available to Triangle residents. The region is served by WakeMed, Rex Healthcare, UNC Health Care and Duke Medicine. These award-winning providers offer top-notch options in hospitals and state-of-the-art treatment centers.

#### Town of Wake Forest

www.wakeforestnc.gov Wake Forest Town Hall 301 S. Brooks St. 919-435-9400

### Wake Forest Area Chamber of Commerce

www.wakeforestchamber.org 350 S. White St. 919-556-1519

# Wake Forest Downtown Revitalization Corporation

www.wakeforestdowntown.com 919-435-9415

# **Getting Started**

#### CABLE TELEVISION

Time Warner Cable www.timewarnercable.com 919-595-4892

#### DRIVER INFORMATION

# Driver's License Office

2431 Spring Forest Rd., Ste. 101, Raleigh www.ncdot.gov 919-855-6877

# License Plate Agency 2012 S. Main St.

2012 S. Main St. 919-554-0770

#### ELECTRIC

#### Wake Forest Power

www.wakeforestnc.gov/ customerservice2.aspx 919-435-9400

#### **Duke Energy Progress**

www.progress-energy.com 800-452-2777

#### Wake Electric

www.wemc.com 919-863-6300

#### GAS & OIL

Holding Oil Company 919-556-3604

# **Little River Corporation** 919-556-1111

McCracken Propane 919-556-5161

#### NATURAL GAS

#### **PSNC Energy**

www.psncenergy.com 877-776-2427

#### **NEWSPAPERS**

#### News & Observer

www.newsobserver.com 919-829-4500

#### Wake Forest Gazette

www.wakeforestgazette.com 919-556-3409

# Wake Forest Weekly

www.wakeweekly.com 919-556-3182

#### PARKS & RECREATION

#### Wake Forest Parks & Recreation

www.wakeforestnc.gov/parksrecreation.aspx 919-435-9560

#### TELEPHONE

# CenturyLink

www.centurylink.com 919-556-0080

#### Windstream

#### Communications

www.windstream.com 800-230-2575

#### TRANSPORTATION

# Wake Forest Bus Service

www.wakeforestnc.gov/busservice.aspx

# Regional Bus Service

www.GoTriangle.org

#### TRASH COLLECTION

# Town of Wake Forest

www.wakeforestnc.gov 919-435-9570

#### Yard Waste Collection

# Town of Wake Forest

919-435-9570

#### Trash & Recycling

# Republic Waste Services (residential contractor)

(residential contractor) 919-772-1316

# Waste Industries (commercial contractor) 919-662-7100

#### VOTER INFORMATION

# Wake County Board of Elections

www.wakegov.com 919-856-6240

#### WATER/SEWER

#### City of Raleigh

www.raleighnc.gov 919-890-3245

# **Public Services**

#### Northern Regional Center

Health & Social Services www.wakegov.com 350 E. Holding Ave. 919-562-6300

#### Northern Wake Senior Center

Programming for Ages 55+ www.wakeforestnc.gov/northern-wake-senior-center.aspx 919-554-4111

#### PUBLIC LIBRARY

#### Wake Forest Community Library

www.wakegov.com 400 E. Holding Ave. 919-554-8498

#### PUBLIC SCHOOLS

# Wake County Public Schools (K-12)

www.wcpss.net 919-431-7400

# Wake Tech Community College

www.waketech.edu 919-866-5000

# University of North Carolina

Multi-Campus University www.northcarolina.edu

#### US POSTAL SERVICE

# Wake Forest Post Office

224 E. Holding Ave. 919-556-8421

#### Post Office at Gateway Commons Center

910 Gateway Commons Center (located inside Ace Hardware) 919-554-4656

# **Medical Centers**

# Duke Raleigh Hospital

www.dukeraleighhospital.org www.dukemedicine.org 3400 Wake Forest Rd., Raleigh 919-954-3000

#### Duke University Hospital and Duke Children's Hospital & Health Center

www.dukehealth.org 2301 Erwin Rd., Durham 919-668-4000

#### Novant Health Franklin Medical Center

www.franklinregional.org 100 Hospital Dr., Louisburg 919-496-5131

#### **Rex Hospital**

www.rexhealth.com 4420 Lake Boone Tr., Raleigh 919-784-3100

#### Rex Healthcare of Wakefield

www.rexhealth.com 11200 Governor Manly Way, Raleigh 919-570-7500

# **UNC Hospitals**

www.unchealthcare.org 101 Manning Dr., Chapel Hill 919-966-4131

# WakeMed North Healthplex

www.wakemed.org 10000 Falls of Neuse Rd., Raleigh 919-350-1300

# WakeMed - Raleigh Campus

www.wakemed.org 3000 New Bern Ave., Raleigh 919-350-8000

